Maya Archaeology Field School in Belize
Summer 2020 - ANTH 197/ANTH 469

Program Overview
During this unique program, you will spend three and a half weeks living and working in a professional archaeological camp in northwestern Belize. This is an intense program, during which you will work 6 days a week excavating and participating in related activities at the ancient Maya community of Medicinal Trail.

The program is an experience you will remember for years as it provides not only a tremendous learning experience but also an opportunity for personal growth and exposure to the cultures of the Latin American and the Caribbean area.

Program Dates
May 24th through June 17th
Optional travel June 17th-21st (not included in fees)

Courses Offered
ANTH 197: no prerequisites, 4 credits
ANTH 469: must have completed Anth 107 (or equivalent for non-Westerns)
**Education**
Through hands on training, you will learn the general aspects of field archaeology: excavation, survey, mapping, artifact processing, and artifact analysis. Field and lab training will be supplemented by occasional lectures. All project participants will have the opportunity to participate in various aspects of archaeological fieldwork.

**The Program Setting**
This field school is part of the Medicinal Trail Hinterland Communities Archaeological Project (MTHCAP), directed by David M. Hyde, of Western Colorado University. The project is located within the Rio Bravo Conservation and Management Area (RBCMA), a 250,000-acre nature reserve in northwestern Belize, owned and operated by the Programme for Belize.

MTHCAP shares a camp with many other archaeological projects conducting research on the RBCMA, collectively known as the Programme for Belize Archaeological Project (PfBAP). Dr. Fred Valdez, of The University of Texas at Austin, is the permit holder for the larger umbrella organization PfBAP, which issued by the Institute of Archaeology, National Institute of Culture and History, Belize.

The research area is home to over 60 known ancient Maya sites, many rare birds, two species of monkeys, jaguars, and other fauna and flora of the tropics. It is a fascinating place to do research!

*The RBCMA from the air. The clearing is where our camp is located.*
Camp Facilities
The R. E. W. Adams Research Facility consists of numerous buildings including:
- a large dorm/bunkhouse building and lab
- several roofed tent areas
- a kitchen and dining hall
- showers (water is not heated – one shower/person/day)
- latrines

View of the REW Adams Research Facility where we will live.

Lodging will be assigned upon arrival. Generally, you may expect to share a bunkhouse room (4 bunks) with up to three others, or a tent with one other person. Mattresses or foam sleeping pads will be provided.

Laundry service is once per week and is included in your fees – it may take 1-2 days to get your clothes back so plan accordingly.

A 10,000 Watt diesel generator provides us with part-time electricity. We do not yet have 24-hour electricity, but it is generally on in the mornings and evenings until 9:00pm.

Potable water comes from a well and is pumped through filtering system and is available in camp 24 hours per day 7 days per week.
**Typical Field Day**
Below is an outline of a typical fieldwork day (Sunday through Friday). This is an approximate daily schedule and may change.

5:30 a.m. Some rise early to prepare for their day and perform camp chores
6:00 a.m. Breakfast
6:30 a.m. Pack lunch and prepare for the field day
7:00 a.m. Depart camp for field work locations
12:00 noon Lunch in the field
3:30 p.m. Leave the field for camp
4:00 p.m. Arrive at camp from the field
4:30-6:00 p.m. Shower and relax until dinner
6:00 p.m. Dinner
7:00 p.m. Lectures and presentations may be scheduled, or free time
8:30 p.m. "Quiet Time": conversations must be at a whisper or taken out of camp
9:00 p.m. Lights out. The generator is turned off

**Typical Field Week**
Sundays through Fridays: Typically, we will be working at the archaeological site and in the field lab 6 days per week.

Saturdays: We will visit nearby archaeological sites for part of the day, and make a trip to “Linda Vista”, a general store in the neighboring Mennonite community. At Linda Vista, you are able to make phone calls and buy snacks.

![Students posing with a stucco mask from a building at the site of Lamanai, one of the sites will visit on one of our days off.](image)
Camp Chores
All project members and students participate in the day-to-day operation of camp. Typical duties include, but are not limited to, the following and are assigned on a rotating basis:

- Dorm/Lab - sweep the common areas daily
- Trash - biodegradable trash is taken to a local dump each evening
- Kitchen - clean tables before breakfast and dinner
- Vehicles – supervised inspection of the vehicles (oil, water, tire pressure, etc.)
- Camp - pick up litter/trash around camp
- Dishes - wash the dishes after dinner

Food & Drink
Local cooks are hired to prepare Belizean-style food for breakfast and dinners. Students will make their own lunch from food that will be provided. Most special dietary needs can be accommodated, so please let me know as soon as possible if you have any so we can determine of it will an issue.

Breakfast: beans, eggs, oatmeal, boiled plantains, cheese, buns, tortillas, fruit.

Lunch: Peanut butter and jelly sandwiches, canned tuna, canned meat (Vienna sausages), breakfast leftovers, fruit, tortillas, buns are some possibilities. You will prepare your own lunch from provided food.

Dinner: beans, rice, vegetables, and chicken/pork/beef. A variety of local dishes will be prepared as well as more familiar fair such as spaghetti. In the past meat was served every other evening only although it is possible that might be switched to every night. Realize though for every meal there is a vegetarian option.

Drinks: soft drinks are available for purchase (Coca-Cola products), drinking water is available 24 hours/day (free of charge). "Kool-Aid", or something similar is usually available (included in fees). Water and “Kool-Aid” are not served cold. We try to keep the Cokes cold, but there are no guarantees.

Snacks: Snacks are not provided. You may wish to bring snacks with you, but most items are available at the Linda Vista store. Keep in mind that you will have to store all snacks in your room and many things melt in the heat, do not keep well, and can attract insects.
Climate and Weather
You can expect the weather to be hot and humid with some rain. Rain is unpredictable, there may be a lot, and there may be none. Neither accommodation nor transportation are air-conditioned – be prepared!

Immigration
US citizens require a valid passport to enter Belize (and Guatemala if you decide to go on the optional trip). A visa is not required. You will be issued a 30 day visitor’s permit (it is a stamp in your passport) when you arrive at the airport in Belize City. You will be issued a visitor’s permit when you cross the border into Guatemala. If you are not a US citizen you must determine well in advance if a visa or other documentation will be required for you to enter Belize and Guatemala.

Health Issues
Consult with your physician or a travel medicine specialist for advice on immunizations. Make sure you tell your health care provider the nature of your trip. Some health care providers may suggest a tetanus booster, Hepatitis vaccinations, anti-malarial medication, or others measures. It is up to you, in consultation with your preferred medical care provider, to decide what medical course of action is best for you. If you decide to take malaria preventatives, start taking them before leaving for Belize to ensure there are no adverse side effects (and you will have time to switch to a different anti-malarial).

Travel to and from Belize
You will be responsible for booking your own flight to Belize. However – DO NOT book travel until you receive written notification that you have been accepted into the program. You will be met at the international airport in Belize City (airport code is BZE).

There is one international airport, it is relatively small and has a single pedestrian exit from the terminal. Students will arrive throughout the day on May 26th – the time of your flight arrival does not matter. Not everyone will likely be flying out of Gunnison or Denver so this gives you more flexibility in finding the cheapest flight.
Tikal and Caye Caulker Trip

The last four days of the field school can be spent on an optional trip to Guatemala and Caye Caulker on the reef off the coast of Belize. Chartered buses will be hired for you to help facilitate the logistics.

The cost of the chartered buses and the trip is NOT INCLUDED in your fees or tuition.

You would spend the first two nights on the island of Flores, Petén, Guatemala. Flores is a beautiful town with great food and shopping options. You would spend one full day at Tikal, the largest Maya site known. Archaeological work has been conducted at Tikal for at least 100 years, and there are numerous large monumental structures that you will have an opportunity to climb and explore.

The next two days of the trip would be spent on Caye Caulker, on the reef off the coast of Belize. The Belizean reef is the second longest in the world after the Australia’s Great Barrier Reef. Here you can relax, swim, go fishing, snorkeling, diving, or any number of activities. The timing of this trip usually corresponds to the start of lobster season.
Costs

Program fee is $2300.00. The program is very reasonably priced for an opportunity of this kind. Some programs may charge lower fees, but may require you to bring your own camping equipment, and force you to get a hotel room and pay for meals at your own expense every weekend. Some other programs also require you to spend a significant amount of money on your own tools and excavation equipment – use of these items is included in this program. If it is not listed here it is not included.

The $2300 Includes:

- Room and board while in camp
- International Health Insurance
- Potable water
- Project-related ground transportation: to camp, to the dig site, transportation to airport at the end of the program
- Laundry service once per week (wash, dry, fold)
- Use of necessary field equipment and supplies
- Operational and administrative costs and fees
- Weekend field trips to archaeological sites and admission fees

The $2300 Does Not Include:
The program involves additional costs for participants. Some significant items are not included in the program fee, including, but not limited to, the following:

- Round trip airfare to Belize
- Tuition ($500)
- Passport and associated expenses
- Medicine, prescriptions, immunizations
- Personal spending (personal items, telephone calls, extraneous beverages, souvenirs, etc.)
- Textbook
- Air travel insurance
- Optional travel at the end of the trip

TUITION COST: $800!