



ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

Limited
Time Offer!
SAVE \$1,000
per person

JAPAN BY SEA

LAND OF THE RISING SUN

Featuring **DR. MIKAEL ADOLPHSON**,
Keidanren Professor of Japanese Studies,
University of Cambridge



APRIL 14-28, 2020

Aboard the 57-cabin *Caledonian Sky*



Dear Traveler,

You are invited to **join Archaeological Institute of America lecturer and host Mikael (Mickey) Adolphson aboard the 57-cabin, all-suite Caledonian Sky** for a delightful springtime exploration of Japan by sea. This small nation of nearly 7,000 islands is wonderfully suited for exploration by small ship, and the *Caledonian Sky* conveys us comfortably to a **fascinating variety of tranquil historic towns, artistic centers, and remote islands.**

Begin with a deluxe, three-night **hotel stay in Kyoto**, including visits to Nara, Todai-ji, and Kinkaku-ji. Then embark our small ship and unpack once for a **10-night cruise through the Inland Sea and into the Sea of Japan**, including a day in **South Korea**. Along the way, you will experience dramatic coastlines, sacred temples, celebrated gardens, and the cutting-edge art and architecture of the Miho Museum and Naoshima's Benesse House Museum.

Meet and interact with a Zen Buddhist monk and the owner of a traditional geisha house, and participate in a hands-on *taiko* drum workshop with the world-famous Kodo drummers at their home base on remote Sado Island. Take part in a traditional tea ceremony, visit a pearl farm in Uwajima, and marvel at the stunning iconic beauty of Miyajima's *torii* gate.

You will **learn about the culture, art, architecture, and history of Japan** on daily shore excursions and during an **enriching onboard educational program** with AIA lecturer and host Mikael Adolphson, a Professor of Japanese Studies and an expert in pre-1600 Japan, as well as other onboard experts. Optional extensions are also available, including a pre-cruise extension to explore Shikoku Island's remote **Iya Valley**, and a post-cruise extension to travel by bullet train from Niigata to **Tokyo** and discover the highlights of Japan's capital city.

Japan is a perennially favorite destination for travelers. This program is co-sponsored by other organizations and will surely fill quickly, so I encourage you to reserve your preferred cabin today by contacting AIA Tours at aia@studytours.org or **(800) 748-6262**.

Sincerely,



R. Todd Nielsen
Director, AIA Tours
Archaeological Institute of America

STUDY
LEADERS



Archaeological Institute of America lecturer and host **MIKAEL ADOLPHSON** is Keidanren Professor and Chair of Japanese Studies at the University of Cambridge. A premodernist, he was inspired by the similarities between medieval Europe and Japan to focus his studies on pre-1600 Japan. Professor Adolphson's current interests and projects center on cultural icons, historical narratives, and agency in societal changes. He is presently working on trade and the rise of the Heike family in the 12th century, and well as their poorly-known capital of Fukuhara (present-day Kobe). In addition to several essays in edited volumes and journals, Professor Adolphson has published *The Gates of Power: Monks, Courtiers and Warriors in Premodern Japan* (2000) and *The Teeth and Claws of the Buddha: Monastic Warriors and Sōhei in Japanese History* (2007). He lectured for the AIA on the *Japan by Sea* program in 2017 and 2018.



JOHN MEFFERT, consultant on Heritage Conservation Services, has a long tradition with the National Trust for Historic Preservation. He has served as the Director for their Southern Office from 1982 to 1988 and was the director of the Preservation Society of Charleston, the oldest nonprofit organization in the United States, responsible for preserving the historic resources of Charleston, S.C. John has delighted many study tour groups with his lectures and insights on preservation, and receives rave reviews as study leader.



THE ARCHAEOLOGICAL INSTITUTE OF AMERICA & THE AIA TOURS PROGRAM

The Archaeological Institute of America (AIA) is the oldest and largest archaeological organization in North America. The AIA seeks to educate people of all ages about the significance of archaeological discovery. For more than a century the AIA has been dedicated to the encouragement and support of archaeological research and publication, and to the protection of the world's archaeological resources and cultural heritage. By traveling on an AIA Tour you directly support the AIA while personally gaining the benefit of the AIA's network of scholars and worldwide contacts.

Visit two of Japan's most iconic sights: the dramatic red gate, or *torii*, of Itsukushima shrine (COVER), which appears to float on the water at high tide; and the Temple of the Golden Pavilion (THIS PAGE), which embodies the classical correlation of building and setting characteristic of the Muromachi period of Japanese garden design.



MIHO
MUSEUM

BULGUKSA
TEMPLE



While geishas, pottery, and exquisite gardens are traditionally associated with Japanese culture, cutting-edge architecture and technology are a testament to the forward-looking spirit of the Japanese people.

I T I N E R A R Y

TUESDAY & WEDNESDAY, APRIL 14 & 15

U.S. / Kyoto, Japan

Depart the U.S. on an overnight flight to Osaka, arriving on April 15. Transfer to Kyoto and check in to the *Kyoto Hotel Okura*. An optional afternoon tour is available at additional cost of \$70 per person, with visits to Sanjusangendo temple, featuring 1,001 gilded wooden statues of Kannon, the goddess of mercy, and Fushimi Inari, a Shinto shrine with tunnel-like paths formed by a seemingly unending line of vibrant orange *torii* gates. An early evening walk is also offered through the historic Pontocho and Gion districts.

KYOTO HOTEL OKURA

THURSDAY, APRIL 16

Kyoto

Explore the lovely gardens and learn about Zen Buddhism at Tenryu temple, then stroll through the adjacent Sagano Bamboo Grove, with its atmospherically dense stands of tall green bamboo offering wonderful photographic opportunities. This evening, enjoy a private presentation by a former geisha and *maiko* (apprentice geisha) and a festive welcome reception and dinner.

KYOTO HOTEL OKURA (B,L,R,D)

FRIDAY, APRIL 17

Kyoto / Shiga

Venture this morning to the Miho Museum, built into a mountain slope in Shiga prefecture and considered one of the master achievements of architect I.M. Pei, with innovative skylights and windows creating

a shifting pattern of light and shadow. Return to Kyoto for an afternoon visit to the UNESCO World Heritage-designated Kinkaku-ji (Temple of the Golden Pavilion), whose shimmering central pavilion is covered in bright gold leaf. The evening is at leisure, with organized dinner options available at additional cost. KYOTO HOTEL OKURA (B,L)

SATURDAY, APRIL 18

Kyoto / Nara / Kobe (Embark)

Historic and beautiful Nara was the capital of Japan for only 74 years (710-784), but during that time Buddhism became firmly established within Japan and some of the country's most magnificent temples and works of art were created. Visit UNESCO World Heritage-designated Todai-ji, famous for its Daibutsu—a monolithic seated bronze statue of the Great Buddha. Also explore the priceless collection of Buddhist sculptures at the Nara National Museum before continuing to Kobe to embark the *Caledonian Sky*.

CALEDONIAN SKY (B,L,D)

SUNDAY, APRIL 19

Naoshima

Disembark in Uno Ko and take a ferry to Naoshima, an island that has become a mecca for bringing contemporary art and architecture in harmony with the pristine nature of the Seto Inland Sea, a landscape with a rich cultural and historical fabric. Explore the world-class Chichu Art Museum and Benesse House Museum, both designed by Tadao Ando.

CALEDONIAN SKY (B,L,D)

MONDAY, APRIL 20

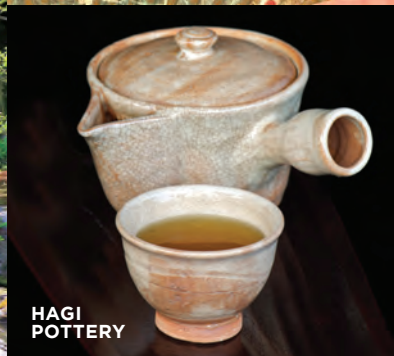
Miyajima

Anchor offshore of Miyajima Island this morning and board Zodiacs to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion *torii*, a grand, wooden gateway that appears to float on the sea at high tide. Enjoy ample free time for hikes, visits to tiny temples, and strolling the picturesque streets of the town. CALEDONIAN SKY (B,L,D)



SOUTH
KOREA



**TUESDAY, APRIL 21****Uwajima / Rural Shikoku**

Call at Uwajima on Shikoku Island for a chance to experience some of Japan's rural countryside, with fishing hamlets and farm villages nestled along rugged coastlines. Visit Uchiko, a beautifully preserved merchant town that evokes Japan's traditional past, and step inside the Uchiko-za, a full-scale kabuki theater with unique rigging and under-stage technology. After a local lunch, visit a pearl farm to learn about the methods of culturing, harvesting, and distributing natural Uwajima pearls, among the highest graded in the world.

CALEDONIAN SKY (B,L,D)

WEDNESDAY, APRIL 22**Hagi**

Explore Japan's medieval heritage at Hagi, which boasts one of the best-preserved samurai and merchant quarters in Japan as well as a ceramics tradition nearly 400 years old. Stop at the kiln of a master artisan to learn how the highly acclaimed *Hagi-yaki* pottery is made. Walk the grounds of Toko-ji temple, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Cruise overnight across the Korea Strait.

CALEDONIAN SKY (B,L,D)

THURSDAY, APRIL 23**Ulsan, South Korea**

From the South Korean port of Ulsan, drive inland to the UNESCO World Heritage city of Gyeongju, ancient capital of the Silla kingdom, which ruled for 1,000 years. Visit Bulguksa, one of the most beautiful Buddhist temples in South Korea, with intricate

paintings inside and out and two original 6th-century pagodas. After a lunch of Korean specialties and a performance of Korean folkloric music, explore the royal tombs in Tumuli Park and the Gyeongju National Museum, largely devoted to Silla artifacts.

CALEDONIAN SKY (B,L,D)

FRIDAY, APRIL 24**Matsue, Japan**

After a morning of cruising, call at Sakai port for lunch and an exploration of charming Matsue, with the option to visit one of the few surviving castles in Japan, built in 1611, or stroll through Matsue's historic samurai quarter, with a visit to the Lafcadio Hearn Museum to learn about this beloved 19th-century author who lived in the city and assumed the Japanese name of Yakumo Kaizumi after his naturalization. Drive through lush countryside to visit the Adachi Museum of Art, with a collection of contemporary Japanese works set in exquisite, highly manicured traditional gardens.

CALEDONIAN SKY (B,L,D)

SATURDAY, APRIL 25**Oki Islands**

This morning anchor offshore of the remote and tranquil Oki Islands, and take Zodiacs ashore for views of the coastal scenery with its majestic cliffs, sea coves, and rock formations, followed by hikes of varying levels to take in the ancient Japanese cedars, grasslands, and mountain views of the Daisen-Oki National Park, a UNESCO site.

CALEDONIAN SKY (B,L,D)

SUNDAY, APRIL 26**Kanazawa**

Call at the refined artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Enjoy a tea ceremony at a classic teahouse, and time at leisure to explore Kanazawa's historic neighborhoods as well as artisan shops and museums dedicated to the city's renowned cultural pursuits, including silk dyeing, ceramics, and the production of gold leaf and lacquerware.

CALEDONIAN SKY (B,L,D)

MONDAY, APRIL 27**Sado Island**

Call this morning at remote Sado Island, home base for the taiko drumming group Kodo ("heartbeat"). Attend a hands-on drumming workshop, a short performance by several of the resident drummers, and a guest lecture on this ancient art form. Also take a guided walking tour through the picturesque fishing village of Shukunegi, where more than one hundred traditional Edo-period houses line the narrow streets. Return to the ship and gather for a farewell reception and dinner on board.

CALEDONIAN SKY (B,L,R,D)

TUESDAY, APRIL 28**Niigata / Disembark / Return to U.S.**

Arrive this morning in Niigata. Disembark and transfer to the Niigata Airport for flights home (arriving the same day), or join the optional post-tour extension to Tokyo. (B)

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S**PRE-TRIP
EXTENSION****Shikoku Island's Iya Valley**
APRIL 11-15, 2020

After an initial night near Osaka's Kansai Airport, travel to Shikoku, the smallest of Japan's main islands. Enjoy a two-night stay in a traditional Japanese inn, or ryokan, in the remote Iya Valley, where vine suspension bridges, thatched-roof farmhouses, and village traditions date back to the Edo period and hot spring baths offer a welcome chance to recharge.

**POST-TRIP
EXTENSION****Tokyo****APRIL 28-MAY 1, 2020**

Three-night post-trip extension to Tokyo. After disembarkation in Niigata, travel by bullet train to Tokyo and experience the city's contrasts as you discover celebrated museums, temples and historic neighborhoods. Sample the local cuisine and marvel at one of the world's largest fish markets.

Additional details and pricing for the optional extensions will be sent to confirmed participants.

The Caledonian Sky is a 114-passenger premier expedition ship refurbished in 2018. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, minibar, individually controlled heat/air-conditioning, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship's amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser, laundry service, and gift shop. An elevator services all passenger cabin decks. The *Caledonian Sky*'s chefs prepare quality international meals, predominantly Western-style, served in a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers, and a fleet of Zodiac landing craft.

PROGRAM RATES per person, double occupancy



ORIGINAL
RATES

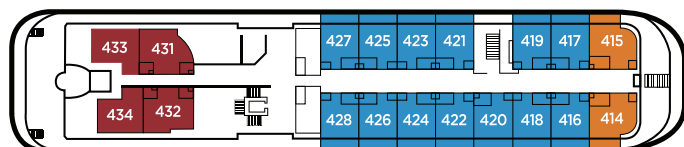
A	CASTLE DECK Standard Suite 244 sq. ft. with two portholes, shower	\$10,995	\$11,995
B	CASTLE DECK Standard Suite 244 sq. ft. with two, three, or four portholes, shower	\$12,495	\$13,495
C	CALEDONIAN DECK Superior Suite 232 sq. ft. with large window, bathtub, shower (except 329, 330, and 331, shower only)	\$13,995	\$14,995
D	PROMENADE DECK Premium Suite 217 sq. ft. with large window, shower (except 431 and 432, with bathtub, shower)	\$14,495	\$15,495
E	BRIDGE DECK Corner Suite 215 sq. ft. + 45 sq. ft. private balcony, sliding glass doors, walk-in wardrobe, bathtub, shower	\$14,995	\$15,995
F	PROMENADE DECK Deluxe Balcony Suite 217 sq. ft. +60 sq. ft. private balcony, sliding glass door, walk-in wardrobe, shower	\$15,995	\$16,995
G	PROMENADE DECK Owner's Balcony Suite 243 sq. ft. +60 sq. ft. private balcony, sliding glass door, two portholes, walk-in wardrobe, shower	\$16,995	\$17,995

per person, single occupancy (limited)

B	CASTLE DECK Standard Suite 244 sq. ft. with two, three, or four portholes, shower	\$18,795	\$19,795
C	CALEDONIAN DECK Superior Suite 232 sq. ft. with large window, bathtub, shower (except 329, 330, and 331, shower only)	\$20,995	\$21,995



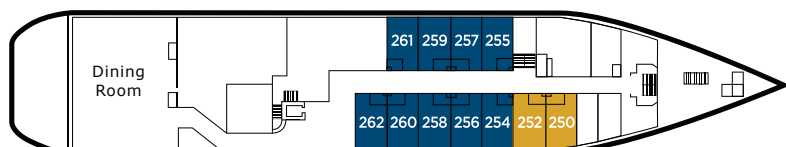
BRIDGE DECK



PROMENADE DECK



CALEDONIAN DECK



CASTLE DECK



PANORAMA
LOUNGE



DINING
ROOM



SUN
DECK

PROGRAM RATES INCLUDE

- Three nights accommodations in Kyoto
- Ten nights aboard the *Caledonian Sky*
- Meals as specified in the itinerary
- Comprehensive program of briefings, lectures and presentations
- Arrival transfers by shared shuttle van and departure transfers by motor coach
- Baggage handling
- Gratuities to porters, waitstaff, guides, drivers, and shipboard personnel
- Port charges
- Entrance fees
- Welcome wine reception in Kyoto and farewell cocktail reception on board
- House wine, beer, and soft drinks with welcome dinner and with all lunches and dinners on board the *Caledonian Sky*
- Bottled water on motor coaches
- Professional tour manager

WHAT TO EXPECT

We consider this a moderately strenuous program that is at times physically demanding and busy. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In some instances, elevators are unavailable and stairs may not have handrails. You will be required to remove your shoes while visiting temples, shrines, and a number of other sites. You will need to climb into and out of Zodiacs for two excursions ashore (there will be staff and crew members on hand to assist). Participants must be physically fit, active, and in good health.

AIR ARRANGEMENTS

Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice.

PLEASE NOTE: U.S. domestic and international airfare is not included in the program rates. Round-trip economy-class airfare from New York to Osaka, Japan, with return from Niigata, is approximately \$2,160 per person as of May 2019 and is subject to change without notice.

A NOTE ABOUT COSTS Tour costs are based upon current fuel prices, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.

General Information

PROGRAM RATES DO NOT INCLUDE

U.S. domestic and international airfare ■ Passport/visa expenses ■ Medical expenses and immunizations ■ Private airport transfers ■ Travel insurance ■ Optional excursions or deviations from the scheduled tour ■ Excess baggage charges ■ Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted ■ Laundry or dry cleaning ■ Telephone, fax, Internet and email charges ■ Room service ■ Other items of a personal nature

TRAVEL INSURANCE We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Information about travel insurance will be sent to confirmed participants.

GROUP SIZE This program is limited to 94 participants, including travelers from the Archaeological Institute of America, National Trust for Historic Preservation, the Santa Barbara Museum of Art, Harvard, and Vanderbilt.

Terms & Conditions

RESERVATIONS & PAYMENTS

To reserve space, return the completed reservation form with your \$1,000 per person deposit to: Archaeological Institute of America Tours, P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608-0938 or fax to 603-756-2922. We accept checks, payable to **Criterion Travel**, as well as VISA, MasterCard, American Express, and Discover. Reservations will be processed in order of receipt. By submitting your deposit you are bound to the terms and conditions delineated throughout this brochure. Final payment deadline is December 16, 2019, and can be made by check or credit card. All prices quoted in this brochure are based on tariffs, costs, and exchange rates of the U.S. dollar that were in effect at the time of publication.

CANCELLATIONS & REFUNDS

Upon payment of a deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be effective until they are received in writing and confirmed by AIA Tours.

Deposits are refundable (less a \$250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% nonrefundable. Cancellations after final payment deadline: All payments are 100% nonrefundable, regardless of booking date. For this reason we strongly urge participants to purchase trip cancellation insurance. If the program is cancelled by AIA Tours or our tour operator, you will receive a full refund, without further obligation on our part. Refunds cannot be made to participants who do not participate in any part of the program, who do not complete the tour for whatever reason, or whose documentation for entry into any country on the itinerary is delayed or denied. **NOTE:** Neither AIA Tours nor Criterion Travel, the tour operator, accepts liability for any airline cancellation penalty incurred by the purchase of a nonrefundable ticket in conjunction with this tour.

HEALTH All participants should be in good health and capable of keeping up with an active group of travelers. By forwarding the deposit for passage, the passenger certifies that he/she does not have any physical or other condition or disability that would create a hazard for him/herself or other passengers.

ITINERARY CHANGES The itinerary presented for this tour is subject to modification and change by AIA Tours and Criterion Travel. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, AIA Tours and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

RESPONSIBILITY Complete Terms & Conditions will be sent to participants upon confirmation and are available to prospective travelers upon request. As a condition of participation, each passenger will be required to sign a Release of Liability, which will be sent along with the Terms & Conditions.

California Seller of Travel
Program CST #2088800-40

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by Sea

LAND OF THE RISING SUN aboard the *Caledonian Sky*
April 14-28, 2020

RESERVATION FORM

Please send your deposit check, payable to **Criterion Travel**, and this form to: AIA Tours, P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608-0938; Fax: 603-756-2922. For questions, or to hold your space while you send in your Reservation Form, please contact us at **800-748-6262**; or by email: aia@studytours.org. Website: www.aiatours.org.

PAYMENT

- ☐ Enclosed is my check for \$ _____ (\$1,000 per person, payable to **Criterion Travel**), for _____ place(s) on *Japan by Sea*, or
☐ Please charge my deposit to my: ☐ VISA ☐ MC ☐ AmEx ☐ Discover

CARD #

EXP. DATE

CARDHOLDER SIGNATURE

SECURITY CODE

☐ I/We understand that final payment is due December 16, 2019, 120 days prior to departure. Registrations after December 16, 2019: full payment is due.

NAME #1 (as on passport)

DATE OF BIRTH

NAME #2 (as on passport)

DATE OF BIRTH

STREET ADDRESS

CITY / STATE / ZIP

HOME PHONE

CELL PHONE

E-MAIL 1

E-MAIL 2

SINGLE TRAVELERS If this is a reservation for one person, please indicate:

- ☐ I prefer to have single accommodations. (limited availability)
☐ I plan to share accommodations with _____
☐ I'd like to know about roommates. I am a ☐ smoker / ☐ non-smoker.

I understand that if a roommate cannot be found by the final payment deadline of December 16, 2019, I will pay the single rate.

ACCOMMODATIONS

Cabin category preference: 1st _____ 2nd _____

Bed preference at hotels (not guaranteed): ☐ Two beds ☐ One bed

☐ I/We have read the tour information section of the brochure and agree to the Terms and Conditions stated therein.

SIGNATURE

DATE

SIGNATURE

DATE



April 14-28, 2020 aboard the 57-cabin *Caledonian Sky*



ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

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HIGHLIGHTS

CRUISE Japan's Inland Sea and beyond for 10 nights, including a day ashore in South Korea, aboard the *Caledonian Sky*, the smallest deluxe expedition ship available in the region.

DISCOVER hidden gems that many visitors miss, including the contemporary art center of Naoshima, the pearl cultivation center of Uwajima on Shikoku Island, and the picturesque Oki Islands.

ENGAGE with local people during several interactive experiences including a special presentation about the life and training of a geisha, a tea ceremony in Kanazawa, and a taiko drum workshop with the Kodo Drummers at their home base on Sado Island.

LEARN about some of the products and processes for which Japan is renowned, from traditional ceramics and landscape design to the cultivation of exquisite pearls.

Limited
Time Offer!

SAVE \$1,000
per person