



Limited to just
18 guests



THE LEGACY OF ANCIENT ROME: ART, ARCHITECTURE & CUISINE

October 2 -13, 2020 (12 days | 18 guests) with archaeologist Albert Leonard, Jr.



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Dear Traveler,

Next October, when the **weather is typically perfect**, discover the glorious legacy of ancient Rome with the **AIA's Dr. Al Leonard**, recipient of many awards and a popular AIA Tours lecturer and host. With expert local guides **plus** a professional tour manager to handle all of the logistics, you can relax and immerse yourself in learning and experiencing **ancient and Renaissance art and architecture**, including numerous UNESCO World Heritage sites. Enjoy **delicious food and wine**, and **excellent, 4-star hotels, perfectly located** for exploring on your own during free time: five nights in central Rome, two nights in Naples overlooking the Bay of Naples, and three nights in Amalfi overlooking the Tyrrhenian Sea.

Highlights are many and include:

- The **Roman Forum**, with a private visit to the Temple of Antoninus and Faustina; and special entry to the **Colosseum's upper levels**;
- Stunning paintings and mosaics at the **House of Augustus** on the **Palatine Hill**;
- The **Capitoline Museums**, with their magnificent Classical and Renaissance art;
- Outstanding Renaissance sculptures and paintings at the **Borghese Gallery**;
- A day trip to Tivoli for visits to **Hadrian's Villa**, a 2nd-century A.D. complex; and **Villa d'Este**, a superb Renaissance palace.
- **Breakfast within the Vatican Museums**, before entering the **Sistine Chapel** and **Raphael Rooms**;
- Magnificent **St. Peter's Basilica**, the largest church in the world;
- A guided walk across the Tiber River past the **Mausoleum of Emperor Hadrian** into the grand **Piazza Navona** and into the awe-inspiring **Pantheon**;
- The **cave of Emperor Tiberius** and the local museum at Sperlonga;
- **Capua's amphitheater**, world's second largest, where Spartacus trained;
- **Pompeii's extensive ruins** that reveal life in a prosperous ancient Roman city;
- Superb Greco-Roman art in the **Naples Archaeological Museum**;
- **Herculaneum**, where excavations reveal an ancient holiday resort;
- **Villa Poppea (Oplontis)**, an ancient villa with splendid wall paintings;
- Magnificent **Paestum**, with its three huge, Doric Greek temples;
- A ferry ride to **Capri** for Tiberius' astounding **Villa Jovis**.

For first-time as well as repeat travelers to these fabulous ancient and Renaissance sites, nothing could be better than sharing ten splendid days learning and traveling with Al Leonard and expert guides.

Sincerely,

Todd Nielsen, Director, AIA Tours
Archaeological Institute of America

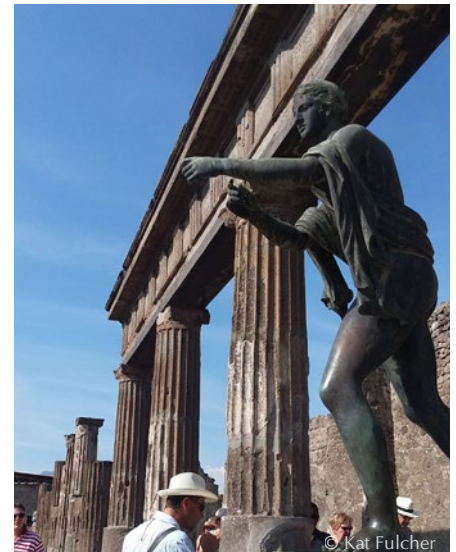
P.S. Limited to a **maximum of just 18 guests**, this trip should be waitlisted quickly, so call **800-748-6262** or email **aia@studytours.org** to reserve your space **today**.



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From top: The Roman Forum; Piazza Navona, Rome; Statue of Apollo, Pompeii; Sunrise on the Amalfi Coast.

ITINERARY

B= Breakfast • L= Lunch • D= Dinner

Friday, October 2, 2020: Fly to Rome, Italy

Saturday, October 3: Arrive in Rome | Private transfer to hotel | At leisure

Upon arrival at Rome's Fiumicino Airport (FCO) you are met for a private transfer to our hotel in the city center. The balance of the day is free to relax and perhaps stroll around this centrally-located neighborhood. (Recommendations for dining independently will always be provided.) *Overnight for five nights at the 4-star [Hotel dei Mellini](#).*

Sunday, October 4: Palatine Hill | House of Augustus | Imperial Forum | Temple of Antoninus & Faustina | Colosseum | Welcome dinner

Meet our AIA lecturer, tour manager, and Rome guide at breakfast. We begin with a visit to the Palatine Hill, centermost of the Seven Hills of Rome, standing above the Roman Forum on one side and the Circus Maximus on the other. From the time of Augustus, Rome's first Emperor, imperial palaces were built here. Visit the House of Augustus, which reopened in 2008 after extensive restoration; its colorful wall paintings and mosaic floors are stunning. Continue with a walk through the Roman Forum, the public center of ancient Rome where the popular assembly and senate met. Here we enjoy a private visit to one of the best preserved buildings in the forum—the Temple of Antoninus and Faustina, which is closed to the public. Savor a traditional Italian lunch just a few steps from the Colosseum. Next view the splendid Arch of Constantine



Temple of Antoninus and Faustina, Rome

and enter the Colosseum, Rome's amphitheater, the largest ever built, which accommodated 50,000 spectators. Enjoy a specially-arranged visit to the upper levels. Return to our hotel and gather this evening for a welcome dinner hosted by Professor Leonard. (B,L,D)



✈ = Flights
● = Itinerary stops
● = Overnight stops



“Dr. Leonard is a gifted lecturer. I would go on any tour that he led.

- Robert, Texas

Archaeological Institute of America Lecturer and Host

Albert Leonard, Jr. (Ph.D., University of Chicago), Professor Emeritus in both the Departments of Classical Archaeology and Near Eastern Studies at the University of Arizona, is an archaeologist who specializes in the social impact of interregional trade among the ancient cultures of the Mediterranean World. In addition to his work in Italy, Al has directed excavations at a number of sites around the Mediterranean (in Greece, Egypt, Cyprus, Israel, Jordan, and Portugal), and has published the results of his work in six books and more than 150 articles. Throughout his career, he has been very active in educational outreach, lecturing on art and archaeology to a range of audiences from elementary school classes to university Adult Education groups. For over three decades Al lectured nationally for the Archaeological Institute of America, which awarded him its Excellence in Undergraduate Teaching Award by which it “acknowledged and applauded the invaluable service that (he) has given to the archaeological community as an educator.”

As his *alter ego*, The Time Traveling Gourmet®, Al combines archaeological, historical, and literary material with culinary skills acquired at Le Cordon Bleu and the Culinary Institute of America (where he was partially supported by a Robert Parker Wine Advocate Scholarship) in order to reconstruct (in the classroom or the kitchen) dishes described by ancient authors such as Archestratus, a 4th-century BCE Sicilian cook who has often been called the “Father of Gastronomy.” He writes and lectures regularly on food and wine – both ancient and modern – and presently divides his time between Boston, where he is a Research Associate at Harvard’s Semitic Museum, and California’s Russian River Valley, where he is a member of the Society of Wine Educators and the Northern Sonoma County *convivium* of Slow Food International. Al has lectured to excellent reviews on twelve previous AIA-sponsored Mediterranean travel programs, including this very *Legacy of Ancient Rome* tour in 2019, and looks forward to sharing with you his decades of archaeological experience – as well as some excellent pasta – during your travels.





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From top: *The Dying Gaul* at the Capitoline Museums; Bernini's *Apollo and Daphne* in the Borghese Gallery; the magnificent St. Peter's Square and Basilica, the largest church in the world; Bernini's *Fountain of the Four Rivers*, Piazza Navona

Monday, October 5: Capitoline Museums | Borghese Gallery

Ascend the stairs of the Piazza del Campidoglio, designed by Michelangelo, overlooking the extensive ruins of the Roman Forum. Enter the Capitoline Museums, the world's oldest public museums, and view magnificent and iconic Classical sculptures as well as paintings by Caravaggio, Rubens, Titian, Van Dyck, and other masters. After lunch, visit the Borghese Gallery, housed in a splendid, 17th-century villa with an exceptional art collection, including outstanding sculptures by Canova and Bernini plus paintings by Titian, Raphael, and Caravaggio. The evening is at leisure, or join an optional wine tasting with dinner (at additional cost). (B,L) (D with optional wine tasting)

Tuesday, October 6: Tivoli: Hadrian's Villa, Villa d'Este | Rome

Visit Tivoli, a town hosting some of Italy's top cultural treasures, less than one hour's drive from Rome. Begin at the World Heritage site of Hadrian's Villa, a 2nd-century A.D. complex of buildings featuring marvelous pools, baths, fountains, gardens, theaters, and the Imperial Palace. After lunch in Tivoli's charming town center, continue on to another World Heritage site, the magnificent Villa d'Este, a Renaissance palace with an elaborate garden and dozens of fountains. Return to Rome for an evening at leisure. (B,L)



The pool (*Canopus*) at Hadrian's Villa

Wednesday, October 7: Vatican Museums & Sistine Chapel | St. Peter's Basilica | Piazza Navona | Pantheon

Early this morning drive to the Vatican and enjoy breakfast within the Vatican Museums. Then enter the ornate Raphael Rooms and Michelangelo's masterpiece, the Sistine Chapel. Explore the sumptuously decorated St. Peter's Basilica, the largest church in the world. Admire Michelangelo's wonderful *Pietà* and the gigantic bronze canopy by Bernini. Enjoy some free time in the most important church in all Christendom; perhaps see the tombs of the Popes or ascend the dome for magnificent views of the entire city. After lunch, you may choose to be driven back to our hotel or join a splendid guided walk past the famous Castel Sant'Angelo (Castle of the Holy Angel), a towering cylindrical building built by Emperor Hadrian as his family's mausoleum that was later used by the popes as a fortress and castle. Cross the Tiber River to the grand Piazza Navona, originally an ancient stadium, and gaze upon Bernini's celebrated *Fountain of the Four Rivers* (with Egyptian obelisk). Continue to the awe-inspiring Pantheon, built in the 2nd century A.D. by Emperor Hadrian as a temple to all the gods. It remains the largest unreinforced concrete dome ever built and a testament to ancient Roman engineering. Return to our hotel with the balance of the afternoon at leisure. Gather for dinner this evening. (B,L,D)



Michelangelo's magnificent and restored ceiling in the Sistine Chapel with scenes from the Book of Genesis



Thursday, October 8: Janiculum | Sperlonga | Capua | Naples

Before departing Rome stop at Garibaldi Park on the Janiculum Hill for panoramic views of Rome's domes and bell towers. Drive south to the cave of Emperor Tiberius at Sperlonga and the local museum with magnificent sculptures recounting the deeds of Odysseus that were carved by the same sculptors who produced the *Laocoön and His Sons*, which we saw in the Vatican Museums. Next stop is Capua to see the Flavian amphitheater, second largest in the world, and renowned because the gladiator and slave rebel Spartacus trained here. Visit briefly the adjacent, two-room Gladiator Museum. Continue to our lovely hotel right on the Bay of Naples and enjoy an evening at leisure. *Overnight for two nights at the 4-star [Grand Hotel Santa Lucia](#).* (B,L)

Friday, October 9: Pompeii | Naples Archaeological Museum

Explore Pompeii, one the world's most fascinating archaeological sites. In A.D. 79, the catastrophic eruption of Mount Vesuvius buried and thus preserved the ancient city under tons of ash, pumice, and lapilli. Excavations have revealed life in this prosperous ancient Roman city beneath lofty Mount Vesuvius. Highlights may include the House of the Faun, Villa of the Mysteries, the brothel, Garden of Fugitives, and more. Enjoy acclaimed Napoli pizza for lunch. Then visit the Naples Archaeological Museum with one of the world's finest collections of Greco-Roman art and artifacts. The Farnese Collection includes celebrated bronze and marble statues, as well as ancient paintings and important artifacts from Pompeii and Herculaneum. Highlights include the marble statue called the *Farnese Hercules* and the exquisite mosaic of Alexander the Great confronting the Persian King Darius III, which measures 8 ft. 11 in. × 16 ft. 10 in. Return to our hotel, freshen up, and then gather for a sumptuous dinner at a luxurious private villa on the Bay of Naples. (B,L,D)

Saturday, October 10: Herculaneum | Oplontis | Winery lunch | Amalfi

Discover Herculaneum, where excavations reveal the customs, habits, and art of an ancient holiday resort for wealthy Romans. Among the most important buildings are the theater, the basilica adorned with marble and paintings, the spa with gym, and the House of Argos. Next visit Villa Poppea (Oplontis), an ancient villa with superb wall paintings that was probably owned by Emperor Nero. For lunch we drive to Mastroberardino Winery, which is known for replanting the vineyards at Herculaneum and Pompeii. Afterward, continue driving to the celebrated seaside town of Amalfi, where we check-in to our hotel, freshen up, and gather for dinner. *Overnight for three nights at the 4-star [Hotel Marina Riviera](#).* (B,L,D)

The Alexander Mosaic, depicting a battle between Alexander the Great and Darius III of Persia, an enormous floor mosaic from the House of the Faun in Pompeii, now in the Naples Archaeological Museum.

Below: Capua's amphitheater, known to be the location where slave rebel Spartacus trained. Bottom: Pompeii, the ancient city destroyed and preserved by the eruption of Mount Vesuvius in A.D. 79.





© Oliver-Bonjoch

Sunday, October 11: Paestum | At leisure

Drive along the Mediterranean coast to the World Heritage site of Paestum, the most impressive Greek site in all of mainland Italy. Founded in the 7th century B.C., Paestum has three magnificent and massive Doric Greek temples. Also visit the onsite museum with artifacts and frescoes from nearby tombs such as the famous Tomb of the Diver. After lunch, return to our hotel. Enjoy the balance of the day at leisure in Amalfi. (B,L)

Monday, October 12: Capri & Villa Jovis | Farewell dinner

This morning take a ferry ride to the fabled island of Capri, the favorite place of Emperor Tiberius. Explore the largest and most opulent of Tiberius' twelve villas, Villa Jovis, a secluded spot of legendary debauchery. Completed in A.D. 27, the entire complex rises on many terraces atop Capri's second highest peak, commanding lovely vistas. Villa Jovis is an astounding achievement of ancient Roman architecture and engineering. After lunch, return to our hotel and relax before our farewell dinner. (B,L,D)

Tuesday, October 13: Private transfer to Naples Airport | Fly home

You are met at the hotel for a private transfer to Naples International Airport (NAP). Or, we can assist you with extending your stay in Amalfi. (B)

WHAT TO EXPECT

You must be able to make long walks, unassisted, over uneven terrain and up and down steps. **Participants who are not able to walk unassisted for extended periods are kindly advised not to join this tour.** All participants are expected to be physically active and not be an impediment to others on excursions, to enjoy traveling as part of a group, and to be ready to experience cultural differences. Some sites require strenuous and/or brisk walking or climbing, sometimes with difficult footing. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested, and additional costs may apply. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you. **Hotels** have been chosen for their excellent locations and generous comfort. Included **meals** are of a very high quality. Average October **temperatures** in this region range from 50° to 77° (F). Complete pre-departure details will be sent to participants.

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Accommodations

Spend ten nights at elegant, well-located, 4-star hotels



ROME - Overnight for five nights at the 4-star [Hotel dei Mellini](#)



NAPLES - Overnight for two nights at the 4-star [Grand Hotel Santa Lucia](#)



AMALFI - Overnight for three nights at the 4-star [Hotel Marina Riviera](#)



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Rome's Colosseum

Tour Prices Per Person (10 nights)

DOUBLE Occupancy (15-18 participants).....\$7,945

DOUBLE Occupancy (10-14 participants).....\$8,745

SINGLE Supplement\$2,145

Single room supplement will be charged when requested or required (limited availability).

With fewer than 10 participants, a small group surcharge may be added.

Prices Include:

- **Leadership of AIA lecturer and host Al Leonard, plus a professional tour manager and English-speaking local guides**
- **Ten nights at elegant, well-located, 4-star hotels:** 5 nights in Rome, 2 nights in Naples, and 3 nights in Amalfi
- **Delicious meals:** 10 buffet breakfasts; 8 lunches and 5 dinners with bottled water or soft drinks plus coffee/tea and wine with dinners; including 1 breakfast at the Vatican Museums, 1 lunch at Mastroberardino Winery, and 1 dinner in a private villa overlooking the Bay of Naples
- **Excursions** and sightseeing as per itinerary
- **Special arrangements** include visits to the Temple of Antoninus and Faustina, and the upper levels of Rome's Colosseum
- Transportation by **modern, air-conditioned coach**, including water, and roundtrip **ferry boat tickets** from Amalfi to Capri
- **Individual arrival and departure airport transfers**
- **All gratuities** to the tour manager, guides, drivers, waiters, and porters
- **Baggage handling** at hotels
- **VAT, local taxes, and service charges**
- **Comprehensive pre-departure information**, including a suggested reading guide, travel guide, and packing list

Flights & Private Transfers

Airfare from/to home is not included. Private transfers are included on your arrival at Rome's Fiumicino Airport (FCO) and on your departure from Amalfi to Naples International Airport (NAP). Your flight itinerary must be provided to our office prior to the tour. Once you have received your final payment invoice, you should book your flights. If you are considering booking non-refundable airline tickets before this time, please contact our office first. We do not accept any liability for cancellation penalties related to domestic or international airline tickets.

The Archaeological Institute of America & AIA Tours

The Archaeological Institute of America (AIA) is the oldest and largest archaeological organization in North America. The AIA seeks to educate people of all ages about the significance of archaeological discovery. For more than a century the AIA has been dedicated to the encouragement and support of archaeological research and publication, and to the protection of the world's archaeological resources and cultural heritage. By traveling on an AIA Tour you directly support the AIA while personally gaining the benefit of the AIA's network of scholars and worldwide contacts.

Due to space limitations, this is abbreviated information. Complete terms and conditions are available upon confirmation or upon request and can be viewed online at www.aiatours.org.

Prices Do Not Include: Airfare from/to home; passport and visa fees; airport fees and departure taxes; optional wine tasting with dinner excursion; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; meals other than those listed in the itinerary; personal tips; items of a personal nature, such as laundry; beverages except as noted; taxi, telephone, and fax charges; deviations from scheduled tour; other items not listed as included.

Passenger Cancellation Fees: All requests by passengers for cancellations must be received in writing by AIA Tours. Cancellations received at least 121 days prior to departure are refunded less an administrative fee of \$500 per person. Cancellations received between 120 and 91 days prior to departure are subject to a fee equal to 50% of the tour cost. Cancellations received 90 days or less prior to departure are subject to a cancellation fee of 100% of the tour cost. *For this and other reasons, participants are strongly encouraged to purchase trip cancellation insurance. An application will be sent with confirmation of receipt of your deposit.*

Payments: A deposit of \$1,000 per person is required to reserve your space and is payable by Visa, MasterCard, American Express, or check made payable to "EOS-Passenger Account-AIA Romans 10/20." Final payment is due 120 days prior to departure and must be by check only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure and elsewhere published.

Note: Rates are based on tariffs and exchange rates in effect at the time of printing and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, and the price of fuel, services, and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

Prices, itinerary, and leader are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason.



For questions, and to reserve your space, please contact AIA Tours at:

800-748-6262 | Toll: 603-756-2884 | Fax: 603-756-2922 | aia@studytours.org | www.aiatours.org

P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608



Archaeological Institute of America Tours
P.O. Box 938, 47 Main Street, Suite 1, Walpole, NH 03608-0938

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Capua's amphitheater

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