



ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

THE BEST OF ANCIENT PERU

Suggested Reading Guide

Here is a selection of favorite, new, and hard-to-find books relevant to your journey. These books should be available at local public or university libraries, and most of them may be purchased and/or downloaded for e-readers through local and online bookstores.

MAPS & GUIDEBOOKS

Insight Guides. *Insight Guide Peru*. Insight Guides, 2012. Panoramic in scope, this illustrated overview brings Peru to life in color photographs and vivid essays on history, archaeology and culture. (PAPER, 368 Pp.)

Berndtson & Berndtson. *Peru Map*. Borch Maps, 2012. A detailed laminated relief map of Peru at a scale of 1:1,750,000. This is a very clear, colorful map, which also features detailed insets of Lima and Cuzco and even a site plan of Machu Picchu. (MAP)

ARCHAEOLOGY, ART & ARCHITECTURE

Bawden, Garth. *The Moche*. Metropolitan Books, 2011. A comprehensive, scholarly overview of the ancient Moche civilization of northern coastal Peru. The Moche people, known for their architecture, ceramics and metallurgy, built Sipan in the first centuries A.D. (PAPER, 375 Pp.)

Bernard, Carmen. *The Incas*. Harry N. Abrams, 1994. Featuring archival drawings and photographs, a chronology and chapters on Atahualpa, the Conquistadors and Hiram Bingham, this handy book (previously published as *People of the Sun*) illuminates the daily life, monuments and history of the Incas. (PAPER, 192 Pp.)

Donnan, Christopher B. *Moche Portraits from Ancient Peru*. University of Texas Press, 2004. Exploring more than 900 examples of Moche portraiture, UCLA Anthropologist Donnan documents how the portrait tradition evolved and how portraits were used in Moche society. Includes 300 color illustrations. (HARD COVER, 188 Pp.)

Hemming, John. *Conquest of the Incas*. Harvest Books, 1970. This classic prize-winning history of the Inca struggle against the Spanish invasion weaves wide-ranging, scholarly material into a gripping narrative. (PAPER, 641 Pp.)

Morris, Craig, and Adriana von Hagen. *The Incas*. Thames & Hudson, 2012. Morris and von Hagen trace the rise and rule of the Inca with authority in this region-by-region survey, reconstructing the finely built palaces and temples of Cusco and life at lavish royal estates like Chinchero and

Machu Picchu. With 150 mostly black-and-white photographs and illustrations, including extensive site plans. (PAPER, 256 Pp.)

Shimada, Izumi (ed). *The Inka Empire. A Multidisciplinary Approach*. University of Texas Press, 2015. Leading international scholars from many complementary disciplines, including human genetics, linguistics, textile and architectural studies, ethnohistory, and archaeology, present a state-of-the-art, holistic, and in-depth vision of the Inkas. (HARD COVER 392 Pp.)

Stone-Miller, Rebecca. *Art of the Andes, from Chavin to Inca*. Thames & Hudson, 2012. This authoritative and concise illustrated survey of Andean art and architecture covers not only Machu Picchu and additional Inca monuments, but also Chan Chan and other archaeological sites and cultures. (PAPER, 224 Pp.)

Tantalean, Henry. *Peruvian Archaeology, A Critical History*. Aa Balkema, 2014. A unique, critical history of Peruvian archaeology, from its "founding father" Max Uhle, through key developments in the ethics and practice of the science, on to the present. (HARD COVER, 215 Pp.)

Trever, Lisa. *Image Encounters. Moche Murals and Archaeo Art History*. University of Texas Press, 2022. In this beautifully illustrated book, the author seeks the origins of Moche mural art, and its emphasis on figuration, in the deep past of the Pacific coast of South America, in doing so, this book reveals alternative evidentiary foundations for histories of art and visual experience. (PAPER, E-book 344 Pp.)

Wright, Ruth M., and Alfredo Valencia Zegarra. *The Machu Picchu Guidebook*. Johnson Books, 2011. With maps and site plans, a segment on new discoveries, a wildlife section and a fold-out full color painting of the city as it may have looked during a solstice celebration in 1530. (PAPER, 188 Pp.)

HISTORY & CULTURE

Bourget, Steve. *Sex, Death, and Sacrifice in Moche Religion and Visual Culture*. University of Texas Press, 2006. In his highly praised scholarly look at the rites and ceremonies of the Moche tribespeople, Bourget sheds light on their beliefs about sex, death and the afterlife. (HARD COVER, 258 Pp.)

Cutright, Robyn. *Archaeology of Food. The Story of Food in the Human Past, How What We Ate Made Us Who We Are*. University of Alabama Press, 2021. Synthesizes recent paleoanthropological and archaeological research on ancient diet and cuisine and complements her research on daily diet, culinary practice, and special-purpose mortuary and celebratory meals in the Andes. (PAPER, Ebook 288 Pp.)

Forrest, John. *Culture Smart! Peru*. Kuperard, 2012. A concise, well-illustrated and practical guide to local customs, etiquette and culture. (PAPER, 168 Pp.)

Marks, Copeland. *The Exotic Kitchens of Peru*. National Book Network, 2001. A carefully researched cookbook of traditional Peruvian cuisine, with practical advice on how to adapt recipes for the American kitchen. (PAPER, 230 Pp.)

Starn, Orin. *The Peru Reader, History, Culture, Politics*. Duke, 2005. Lively and literate, this meaty anthology ranges from historical accounts to modern analysis. (PAPER, 524 Pp.)

Wilson, Jason. *The Andes*. Oxford University Press, 2009. Starting out in Cuzco, heart of the Inca Empire, Wilson spreads north and south along the Andes, including excerpts from South American literary giants, travelers and his own impressions. (PAPER, 266 Pp.)

TRAVEL, BIOGRAPHY & MEMOIR

Adams, Mark. *Turn Right at Machu Picchu*. Plume, 2012. Over his head on an arduous guided trek to Choquequirao and other remote sites, Adams mixes entertaining tales of his adventures (he makes himself out to be quite the accidental explorer) with analysis of the rather grand Hiram Bingham in this light-hearted "following-in-the-footsteps-of" account. (PAPER, 333 Pp.)

Bingham, Hiram. *Lost City of the Incas*. Phoenix, 2003. This first-rate adventure story by the man who brought Machu Picchu to the attention of the world 100 years ago is not just a gripping tale of exploration and archaeology, it also sets the scene for any visitor to the site. (PAPER, 286 Pp.)

Murphy, Dervla. *Eight Feet in the Andes*. Trafalgar Square, 2003. The indomitable Murphy treks 1,300 miles through the Andes (with a mule) on the trail of the conquistadors in this spirited account. (PAPER, 274 Pp.)

LITERATURE

Arguedas, Jose Maria. (Frances Horning Translator) *Deep Rivers*. University of Texas Press, 1981. Celebrated Peruvian author, saw the beauty of the Peruvian landscape, as well as the grimness of social conditions in the Andes, through the eyes of the Indians who are a part of it. The conflict of the Indian and the Spanish cultures are part of Arguedas's own life. (PAPER, Ebook)

Neruda, Pablo, and Nathaniel Tarn (Translator). *The Heights of Machu Picchu*. Farrar, Straus & Giroux, 1972. Machu Picchu and the Inca civilization inspired this celebrated epic poem, an expansive and introspective hymn to the Americas by the great Neruda, winner of the 1971 Nobel Prize in Literature. Bilingual edition. (PAPER, 71 Pp.)

Palma, Ricardo. *Peruvian Traditions*. Oxford University Press, 2004. Palma (1833-1919) sketches the history, traditions and culture of the Incas and colonial Peru in this collection of legends and tales. (PAPER, 263 Pp.)

Vargas Llosa, Mario. (Gregory Rabasa Translator) *Conversation in the Cathedral*. Harper Perennial, reprint, 2005. Winner of the Nobel Prize in Literature, the Peruvian author explores the mental and moral mechanisms that govern power and the people behind it. It is about identity, the role of a citizen and how a lack of personal freedom can forever scar a nation and its people. (PAPER, Ebook, 608 Pp.)

Wilder, Thornton. *The Bridge of San Luis Rey*. HarperCollins, 2003. The classic tale of Franciscan missionaries in 18th-century Peru by the Pulitzer Prize-winning novelist. First published in 1927. (PAPER, 148 Pp.)

ARCHAEOLOGY

Elizabeth P. Benson, *The Worlds of the Moche on the North Coast of Peru*. University of Texas Press; Austin, 2012.

Margaret A. Jackson, *Moche Art and Visual Culture in Ancient Peru*. University of New Mexico Press, Albuquerque, 2008.

HISTORY & CULTURE

Catherine J. Allen. *Foxboy: Intimacy and Aesthetics in Andean Stories*. University of Texas Press; Austin TX, 2011. These contemporary tales, collected by Allen in the late 20th century, have roots in the ancient cultures and narratives of the Andes.

Roger Atwood. *Stealing History: Tomb raiders, smugglers and the looting of the ancient world*. St. Martin's Press; London 2006. This accounting of the impacts of looting and illicit antiquities trade is particularly relevant given that we will be seeing the Moche treasures described.

Karen O. Bruhns and Nancy L. Kelker. *Faking the Ancient Andes*. Routledge; London, 2010. Bruhns and Kelker discuss how, where, and why ancient Peruvian artifacts are forged, traded, and sometimes while their way into legitimate collections.

Nilda Callañaupa Alvarez, Christine Franquemont, and Joe Coca (Photographer). *Faces of Tradition: Weaving elders of the Andes*. Thrums Books, 2013. Just a beautiful book about the preservers of ancient weaving traditions. One of several co-authored by Nilda Callañaupa Alvarez, whose weaving center we will be visiting.

Irene Silverblatt. *Moon, Sun, and Witches: Gender ideologies and class in Inca and colonial Peru*. Princeton University Press; Princeton, NJ, 1987. A seminal study on gender in the Andes and how it was transformed, first by the Inca Empire and then by the Spanish.

FICTION

Clive Cussler. *Inca Gold*. Simon and Schuster, 1994 (original publication date). For those who enjoy Cussler's style.

Lyn Hamilton. *The Moche Warrior*. Berkeley Press, Berkeley CA, 2000.

ONLINE SOURCES

<https://news.nationalgeographic.com/2017/12/wari-noblewoman-queen-el-castillo-face-reconstruction-archaeology/> "Face of Ancient Queen Revealed for First Time," by Michael Greshko, for *National Geographic*. The story of a Wari "Queen" on the North Coast of Peru suggesting close ties between the coast and the Central Highland homeland of the Wari Empire.

<https://www.smithsonianmag.com/travel/weaving-women-ausangate-peru-textiles-tradition-quechua-identity-180956468/> "In a Small Village High in the Peruvian Andes, Life Stories Are Written in Textiles," by Andrea M. Heckman, for *Smithsonian Journeys Quarterly*. Looking at the effects of preserving ancient weaving traditions.

<https://www.museolarco.org/en/collection/>

<https://artsandculture.google.com/partner/museo-larco>

Museo Larco has extensive online bilingual resources about its impressive Moche collection.

<https://cultura.petroperu.com.pe/exposiciones/huauque-simbolos-del-poder-en-el-antiguo-peru/> "Huauque: símbolos del poder en el antiguo Perú" (Power symbols in ancient Peru) Cultural Center of PetroPeru

<http://www.sustainablepreservation.org/peru-1/> This site is for the Sustainable Preservation Initiative, an international NGO dedicated to preserving archaeological sites through sustainable economic

development.

[N.B. Also check out the work being done around the world by the AIA's own Site Preservation Program: <https://www.archaeological.org/sitepreservation/projects.>]

MOVIES

<https://www.netflix.com/title/81692185>

Virgilio (Virgilio Martinez, founder of Central, Number 1 restaurant according to the Best 50 Restaurants list by St. Pellegrino) on Netflix

<https://www.wernerherzog.com/films-by-werner-herzog.html>

“The wrath of God“. Filmed in Peru by German renown director Werner Herzog. Spanish conquistadores in search of the legendary El Dorado. A whole army disappears into the jungle without a trace. A story of power and madness.

<https://www.youtube.com/watch?v=itnqEauWQZM>

Transformers: The rise of the beasts. Official Trailer (2023 Movie). Filmed in Cuzco, Macchu Picchu and Peruvian Amazonia.

<https://www.bbcearth.com/news/the-real-life-paddington-bear>

<https://variety.com/2023/film/news/paddington-in-peru-production-july-1235571895/>

Paddington 3 to be Filmed in Peru, focused on Paddington's origins.