



ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

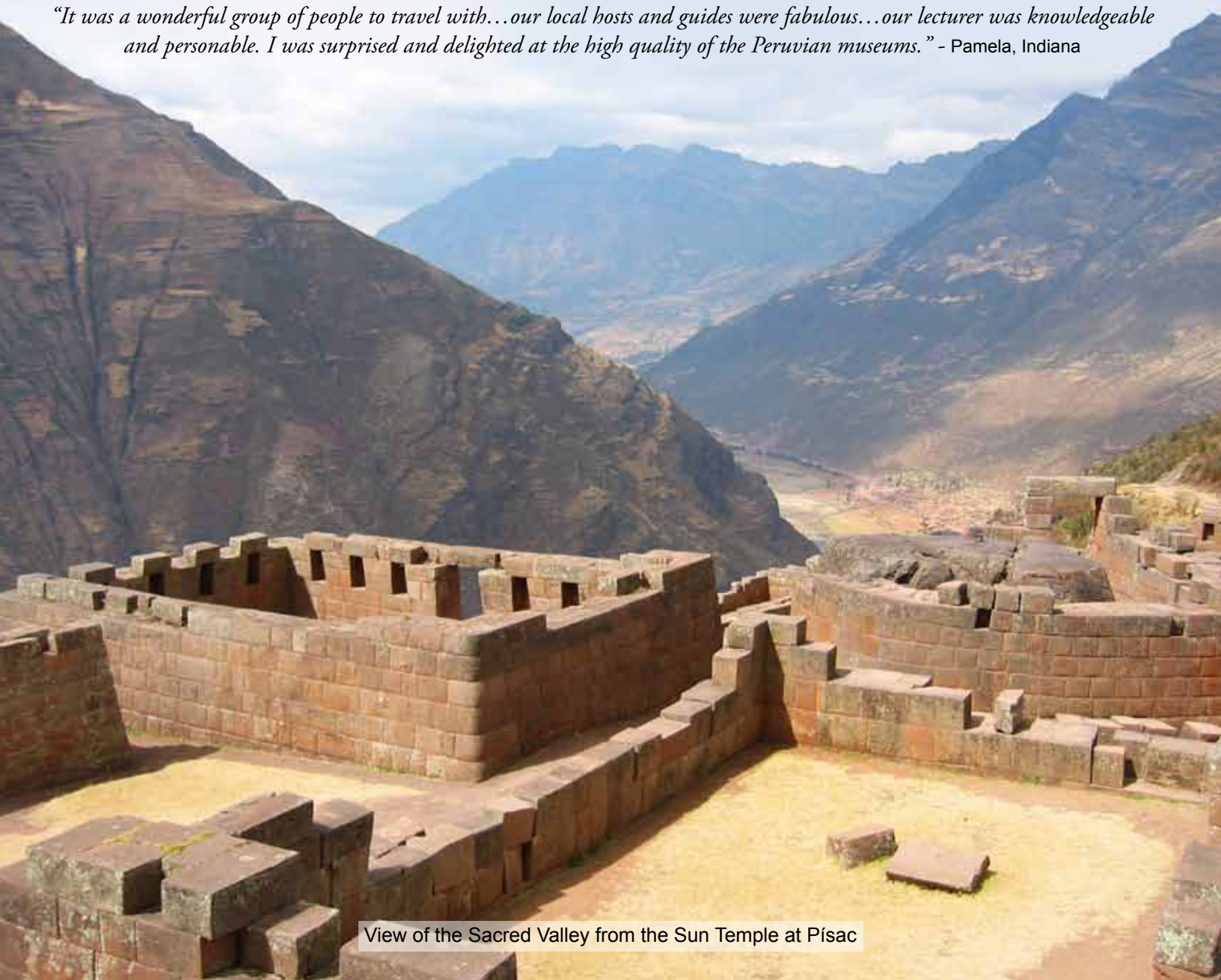
Limited
to just
15 participants

THE BEST OF ANCIENT PERU

October 12 - 26, 2018 (15 days) with archaeologist Jo Burkholder

Machu Picchu • Chan Chan • Sipán • Ollantaytambo
Pisac • Sacsayhuaman • and more

"It was a wonderful group of people to travel with...our local hosts and guides were fabulous...our lecturer was knowledgeable and personable. I was surprised and delighted at the high quality of the Peruvian museums." - Pamela, Indiana



View of the Sacred Valley from the Sun Temple at Pisac

See the best of ancient Peru: this custom-designed tour is carefully paced for you to thoroughly explore many of Peru's greatest archaeological sites, from its archaeologically rich northern coast to its spectacular mountain landscapes, with time to relax and enjoy your well-located hotels. In the company of archaeologist Jo Burkholder, explore magnificent ancient sites, a variety of museums, and picturesque villages and cities. In addition to making two visits to legendary Machu Picchu, highlights include the impressive Inca fortress of Sacsayhuaman and ruins of the Inca town of Ollantaytambo; the renowned Moche tombs of Sipán at Huaca Rajada; and the UNESCO World Heritage sites of Lima, Cuzco, and Chan Chan, one of South America's largest pre-Columbian sites. Spend three nights each in Chiclayo, the Sacred Valley, and Cuzco for convenience and ample time to explore. Travel with a maximum of just 15 participants.

ITINERARY

(B)= Breakfast, (L)= Lunch, (D)= Dinner

Friday, October 12, 2018 - Home | Lima, Peru

Depart home on flights to Peru. Upon arrival at Lima's Jorge Chávez International Airport (LIM), you will be met at the airport and transferred to our hotel. *Overnight at the Casa Andina Premium Miraflores.*

Saturday, October 13 - Lima | Trujillo

Gather this morning to meet our lecturer/host and local guide, and set out together for a city tour, including a brief visit to Lima's historic center, a UNESCO World Heritage site, to see the National Palace (home to Peru's President), cathedral, and City Hall. Then drive to nearby, 17th-century San Francisco church to visit its convent and its catacombs, which were long an underground cemetery for Lima's Christians. Continue on to the Larco Museum, which contains a wonderful collection of pre-Hispanic pottery. After a welcome lunch at the Museum's café, we take a guided tour of the exhibits. A highlight is a behind-the-scenes tour of the Museum's storerooms. Transfer to the airport in time for a flight to Trujillo where, upon arrival, we transfer the short distance to our hotel in the historic center. Dinner is on your own. *Overnight at the Hotel Libertador Trujillo for two nights.* (B,L)

"The sites and museums were spectacular. Our local guide was excellent, their perspective of life in Peru and its history was absolutely delightful!" - Glenna, Ontario

Sunday, October 14 - Trujillo | Huacas del Sol/de la Luna | Chan Chan | Trujillo

Today we visit two of the most important archaeological sites in northern coastal Peru, both of which were the centers of their respective cultures. First visit the Huacas del Sol/de la Luna (Pyramids of the Sun and Moon) complex, which was the most sacred center of the Moche culture, occupied from around the time of Christ until about A.D. 600. After a visit to the site museum and lunch at a beachfront restaurant, we visit the ruins of Chan Chan, once the capital city of the Kingdom of Chimor and today a UNESCO World Heritage site. The huge archaeological site is dominated by several large *ciudadelas* (royal compounds) surrounded by high walls. Chan Chan covers several square miles and may have been home to more than 30,000 people – perhaps the largest pre-Hispanic site in all of Peru prior to its 15th-century conquest by the Incas. Dinner is on your own. (B,L)

Monday, October 15 - Trujillo | Huaca Cao Viejo | San Jose de Moro | Zaña | Chiclayo

This morning we drive north to Chiclayo, making several interesting stops along the way. First, visit Huaca Cao Viejo, another Moche period ceremonial center. One of the site museum's highlights is the tomb (and body) of the Señora de Cao, the highest status female burial ever found in Peru. After touring the museum, walk a few hundred feet to visit the actual Moche pyramid. From the top, we can view several other Moche pyramids as well as the famous Huaca Prieta, a nearby pre-ceramic midden (refuse heap) excavated in the 1940s. After lunch in the town of Pacasmayo, we visit briefly the site of San Jose de Moro, a major



Above, the National Palace, Lima. Below, Huaca del Sol. Bottom, frescoes beside the tomb of the Señora de Cao.



Moche period ceremonial center and cemetery. Among the most important discoveries at San Jose de Moro have been multiple tombs of high status priestesses. Our final stop today is a visit to the town of Zaña, which became one of the richest Spanish cities in early colonial Peru. In 1720 the town was wiped out by flooding, and the ruins of its colonial churches still show the high water marks. Continue driving north to our hotel in Chiclayo. Dinner is on your own. *Overnight at the Casa Andina Select Chiclayo for three nights.* (B,L)

Tuesday, October 16 - Chiclayo | Ferrenafe | Mórrope | Chiclayo

We continue our exploration of the cultures of northern coastal Peru with a visit to the Sican Museum, in the town of Ferrenafe, which focuses on the Sican culture that dominated this region between the end of the Moche culture and the Chimu conquest of the Chiclayo area. We then visit the Tucume pyramids, where there are more than twenty *huacas* built by the Lambayeque culture. After lunch in the town of Lambayeque, continue on to the traditional village of Mórrope, where residents continue to weave and make pottery using traditional methods. The chapel next to the town's church is particularly interesting, as it is the earliest surviving Catholic chapel in Peru and was constructed using indigenous techniques. We return to Chiclayo, where dinner is on your own. (B,L)

Wednesday, October 17 - Chiclayo | Lambayeque | Sipán | Chiclayo

Drive to the town of Lambayeque to tour the fantastic Museum of the Royal Tombs of Sipán, which houses much of the material discovered during the first years of excavation at the site of Sipán (Huaca Rajada). Archaeologist Walter Alva's excavation of the tomb of the Lord of Sipán in 1987 was one of the greatest archaeological discoveries of the 20th century. After lunch at a local restaurant, we drive to the actual site of Sipán, where we climb the *huacas* and put into context what we saw this morning, and then tour the site museum, where the results of the most recent excavations are displayed. Return to Chiclayo and gather this evening for dinner at a local restaurant. (B,L,D)

Thursday, October 18 - Chiclayo | Lima | Cuzco | Ollantaytambo | Urubamba

After breakfast, we transfer to the Chiclayo airport for our flight to Cuzco, via Lima. Upon arrival, we have lunch at a local restaurant before driving to the Sacred Valley. This afternoon we visit the town of Ollantaytambo and its Inca temple/fortress. Many of the town's houses date to the Inca period and are still occupied by local families. A local family will invite us into their home to learn about life in a typical native residence. Dinner is at our hotel this evening. *Overnight at the Sol y Luna for three nights.* (B,L,D)

Friday, October 19 - Urubamba | Moray | Maras | Chincheros | Urubamba

Today we head into the hills above the Sacred Valley, stopping first at the archaeological site of Moray, where we find a series of circular terraces whose purpose has been the subject of much debate by archaeologists over the years. Our next stop is at the salt mines at Maras, which have been in use since pre-Hispanic times, where we learn how salt was produced in pre-Industrial times. Our final stop is at the traditional weaving center in Chincheros. Enjoy a typical lunch at the home of the center's founder, Nilda Callañaupa, followed by demonstrations of traditional weaving. Dinner is at our hotel this evening. (B,L,D)



Above, circular terraces at Moray. Below, reconstruction of the tomb of the Lord of Sipán. Bottom, the Ollantaytambo ruins.



ARCHAEOLOGICAL INSTITUTE OF AMERICA LECTURER AND HOST



Dr. Jo Burkholder is an archaeologist whose work focuses on cultures of the ancient Andes. She has excavated at several different sites in Peru as well as along the shores of Lake Titicaca in Bolivia. Jo has travelled widely in the Andes to better understand sacred geography – the relationship between people and the sacred sites they create – and the roles of women in the creation and maintenance of that geography. This has included studying the roles of gender in rituals as well as a detailed consideration of the iconography found on ritual ceramics and textiles. Her publications include the forthcoming “Mothers and Others: Female Images and Life Cycle Rituals in the Southern Andes” in *Images in Action: South Andean Iconographic Series*, from Cotsen Institute of Archaeology Press.

Jo's most recent field projects include excavations at two small temples at the sanctuary site of Pisanay (A.D. 1000-1300) in the Department of Arequipa, and an experiment to date geoglyphs on the desert coast of Paracas using optically stimulated luminescence, a technique she hopes to employ to better understand the evolution of sacred geography in the Sihuas, Majes, and Vitor Valleys of southern Peru. She currently serves as Associate Professor of Women's and Gender Studies and Coordinator for Anthropology at the University of Wisconsin – Whitewater, where she teaches courses on Pre-Columbian Civilizations and the Origins of Gender as well as mentors undergraduate researchers in a variety of fields.

Saturday, October 20 - Urubamba | Pisac | Urubamba

Our destination today is the town and ruins of Pisac, located up the Urubamba Valley. In the hills above Pisac we visit an important Inca archaeological site (most likely a royal estate of the Inca ruler Pachacutec). Then visit the traditional market in Pisac's plaza, where many of the vendors will have come down from the surrounding highland communities wearing their native garb. After lunch at a local restaurant we return to our hotel, where the balance of the afternoon is at leisure. Dinner is at our hotel this evening. (B,L,D)

Sunday, October 21 - Urubamba | Ollantaytambo | Aguas Calientes | Machu Picchu | Aguas Calientes

This morning we take the Vistadome train from Ollantaytambo to Aguas Calientes, where our hotel is only a short walk from the train station. After lunch at our hotel, take a short walk to the shuttle bus for legendary Machu Picchu, a UNESCO World Heritage site. Spend the afternoon exploring the most important parts of the site, until it closes. (Note that most visitors leave by early afternoon, to catch the train back to Cuzco, so in the late afternoon we can enjoy the site with relative peace and quiet.) Return via shuttle bus to Aguas Calientes, where we have dinner at our hotel this evening. *Overnight at the Inkaterria Macha Picchu Pueblo Hotel for two nights.* (B,L,D)

"The location, lodging, and guides were all absolutely excellent. And our trip manager was fabulous."

- Brooke, North Carolina

Monday, October 22 - Machu Picchu

We have the opportunity to spend the whole morning exploring Machu Picchu. Those who wish may hike along the Inca Trail to the Sun Gate (Inti Punku), for a different perspective of Machu Picchu. After lunch at a local restaurant, the balance of the afternoon is at leisure. Dinner is at our hotel this evening. (B,L,D)

Tuesday, October 23 - Machu Picchu | Ollantaytambo | Cuzco

Enjoy a morning at leisure, or join your guide for a strenuous hike (at additional cost) to the top of Huayna Picchu, overlooking Machu Picchu. After lunch at a local restaurant, we take the Vistadome train back to Ollantaytambo and drive to Cuzco, a UNESCO World Heritage site. Dinner is on your own. *Overnight at the Palacio del Inka Hotel for three nights.* (B,L)

Wednesday, October 24 - Cuzco | Sacsayhuaman | Cuzco

Start the day with a city tour, beginning at the cathedral on the main plaza (which was, itself, part of the Inca central square). Cuzco's cathedral is considered to be the best repository of colonial art in Peru. Continue on to the Qoricancha ("Temple of the Sun"), which was the most sacred space in Inca Cuzco. The Dominicans built their church atop the Qoricancha, and an earthquake in 1950 destroyed portions of that church, uncovering the Inca walls we see today. Visit the Casa Concha Museum, housing hundreds of artifacts from the 1912 excavations at Machu Picchu, and then drive to Sacsayhuaman, an Inca fortress in the hills overlooking the city. Its size and scope are amazing, particularly the huge stones (many weighing dozens of tons) that were used to build its walls. After a gourmet picnic lunch near Sacsayhuaman, we return to Cuzco for the balance of the day at leisure. (B,L)

Thursday, October 25 - Cuzco | Tipon | Piquillaqta | Raqchi | Cuzco

This morning we visit three important archaeological sites south of Cuzco. First is Tipon, an Inca royal estate that is famous for its terraces, stone-lined canals, and fountains. Then visit Piquillaqta, a Middle Horizon center built by people of the Wari (Huari) culture. It is a huge site, with lots of standing walls of houses and storehouses, and it is the only major pre-Inca site near Cuzco. Lastly, we visit the village of Raqchi, built around the Inca Temple of Viracocha. After a farewell lunch at a local restaurant, the balance of the day is at leisure in Cuzco. (B,L)

Friday, October 26 - Cuzco | Lima | Home

Transfer this morning to the Cuzco airport for our group flight to Lima, connecting to independent flights homeward. (B)



Above, terraces of the Ollantaytambo ruins. Below, Machu Picchu. Bottom, an AIA traveler at Sacsayhuaman in 2016.





What to Expect

This program is designed for anyone who is interested in art, culture, and history. You do not have to be an archaeologist to enjoy this trip! AIA leaders and guides are chosen for their ability to provide understandable and fascinating insights to the sites and are congenial and eager to discuss your ideas and answer questions.

You must be in good physical health to participate in this program. This itinerary features a **significant amount of walking**. Many streets are of packed dirt, and some attractions are only accessible via **steep staircases** with tall, uneven steps. To reap the full rewards of this adventure, travelers must be able to walk at least a mile a day, unassisted, keeping up with fellow travelers. Participants who are not able to walk unassisted for extended periods are kindly advised not to join this tour unless accompanied by a companion who will be available to assist you at all times. The **high altitude** of Cuzco (11,150 feet) could cause problems for travelers with certain health conditions. Average temperatures in October range from the upper-60s F during the day to the mid-40s F at night. If you have any questions about your ability to participate, please visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you.

Complete pre-departure details will be sent to participants.

Air Arrangements

Three flights within Peru **are** included in the tour cost. Airfare to and from Lima, Peru, is **not** included. Group airport transfers are provided for those arriving on Oct. 12th and departing on Oct. 26th (transfer times TBA). Once you have received your final payment invoice, you should book your flights. If you are considering booking your flights before this time, please contact our office first. We do not accept any liability for cancellation penalties related to domestic or international airline tickets.

The Archaeological Institute of America & the AIA Tours Program

The Archaeological Institute of America (AIA) is the oldest and largest archaeological organization in North America. The AIA seeks to educate people of all ages about the significance of archaeological discovery. For more than a century the AIA has been dedicated to the encouragement and support of archaeological research and publication, and to the protection of the world's archaeological resources and cultural heritage. By traveling on an AIA Tour you directly support the AIA while personally gaining the benefit of the AIA's network of scholars and worldwide contacts.

For questions, and reservations, please contact us:



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800-748-6262

Toll: 603-756-2884 • Fax: 603-756-2922

Email: aia@studytours.org • Website: www.aiatours.org

P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608

Tour Prices (Per Person)

DOUBLE OCCUPANCY (13-15 participants)	\$7,295
DOUBLE OCCUPANCY (10-12 participants)	\$7,595
SINGLE SUPPLEMENT (limited availability)	\$1,545

Single room supplement will be charged when requested or required.

With fewer than 10 participants, a small group surcharge may be added.

Prices Include:

- Leadership of AIA Lecturer/Host Jo Burkholder, plus a Peruvian tour manager and local guides throughout;
- Accommodations in first-class and best available hotels as indicated in the itinerary;
- Three flights within Peru: Lima-Trujillo, Chiclayo-Cuzco, Cuzco-Lima;
- Meals with mineral water and/or a hot beverage: 14 breakfasts, 13 lunches, and 6 dinners, including special welcome and farewell lunches;
- Group airport transfers on Oct. 12th and Oct. 26th;
- All transportation by deluxe, air-conditioned minibus, including bottled water;
- Vistadome Train: Ollantaytambo/Aguas Calientes/Ollantaytambo;
- All sightseeing and excursions, including entrance fees, as per itinerary;
- Gratuities to your drivers, local guides, Peruvian tour manager, and hotel and restaurant staff for group services;
- Baggage handling at hotels and airports where available;
- Complete pre-departure materials.

PRICES DO NOT INCLUDE: Airfare to/from Lima; passport and inoculation charges; all airport departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; items of a personal nature, such as laundry; alcoholic or other beverages except as noted above; taxi, telephone, and fax charges; optional excursions or deviations from scheduled tour; portage or individual transfers to join or leave the group when traveling independently; and any items not specifically indicated as included.

PASSENGER CANCELLATION FEES: All requests by passengers for cancellations must be received in writing by AIA Tours. Cancellations received at least ninety one (91) days prior to departure are fully refunded less an administrative fee of five hundred dollars (\$500) per person. Cancellations received between sixty five (65) and ninety (90) days prior to departure are subject to a cancellation fee equal to fifty percent (50%) of the tour cost. Cancellations received sixty four (64) days or less before departure are subject to a cancellation fee of 100% of the tour cost. Trip cancellation insurance is strongly recommended. (An application will be sent with confirmation of receipt of your deposit.)

Prices, itinerary, and leader are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason.

PAYMENTS: A deposit of \$1,000 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to EOS-Passenger Account-AIA Peru10/18. Final payment is due 90 days prior to departure and must be by personal check only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

Due to space limitations, this is abbreviated information. Complete terms and conditions will be sent upon confirmation or upon request, and can be viewed online at www.aiatours.org.

OTHER SELECT
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Jungle Kingdoms of the Ancient Maya

January 27 - February 9, 2018 with Jeff Karl Kowalski



This extraordinary tropical adventure provides the best-paced itinerary available to explore ancient Maya sites in the lush jungles of Mexico, Guatemala, and Honduras. Explore the sites of Palenque, Bonampak, Yaxchilán, Tikal, Copán, Yaxhá and Quiriguá; with free time to bird watch or relax and enjoy our comfortable hotels and remote jungle lodges. Maximum of just 12 participants.

Pyramids & Temples of Yucatan

February 17 - 25, 2018 with Virginia Miller



This luxurious winter holiday provides a week-long adventure exploring the sun-drenched Yucatan's ancient sites such as Chichén Itzá, Uxmal, Ek Balam, Dzibilchaltun, and Labna. Bird watch, shop for crafts, and relax at our comfortable resorts (two nights at Chichen Itza and three nights each at Merida and Uxmal). Maximum of just 12 participants.

Absolute Egypt

March 10 - 26, 2018 with Stephen Harvey



Our meticulously-planned itinerary, featuring premium accommodations and a deluxe, 3-night Nile River cruise, includes all the preeminent sites of the pharaohs from Cairo to Luxor and Aswan. Highlights include the stunning tombs of Seti I and Nefertari, and a day trip to Abu Simbel. Maximum of just 12 participants.

Iran: The Ancient Land of Persia

April 4 - 19, 2018 with Andrew Moore



In addition to the dazzling cities of Tehran, Shiraz, and Isfahan, visit (twice) ancient Persepolis, one of the most spectacular surviving archaeological sites; discover the Sasanian religious center of Takht-e Soleiman; Pasargadae, location of the first Persian capital; Yazd, one of the last strongholds of Zoroastrianism; and much more. Maximum of 20 participants.

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Decorated Caves of the Pyrenees & the Rhone Valley

April 19 - 29, 2018 with Ian Tattersall



Discover with acclaimed paleoanthropologist Ian Tattersall many unheralded examples of Ice Age art in Spain and France. Highlights include the original decorated caves of Isturitz and Oxocelhaya, Niaux, Bédouilhac, and Gargas; plus the newly-opened Chauvet cave replica. Enjoy fine food and accommodations while an expert trip manager handles all the logistics. Maximum of 20 participants.

Israel: Treasures of the Holy Land

May 17 - 29, 2018 with Eric Cline



This custom-designed itinerary highlights the kaleidoscope of Israel's archaeological riches. Visit five UNESCO World Heritage sites on this well-paced tour, with six nights based in Jerusalem. Highlights include Masada, Megiddo, Beit Shearim, Bethlehem, Caesarea Maritima, Qumran, the Dead Sea and Sea of Galilee, and Jerusalem's Israel Museum. Maximum of just 14 participants.

Undiscovered Greece: Macedonia to Epirus

May 19 - June 1, 2018 with Kathleen Lynch



Admire up-close legendary Mt. Olympus, the monasteries atop karst pinnacles at Meteora, and tranquil Lake Ioannina; and savor three days at a luxury spa/resort in the rugged, remote Pindus Mountains. Explore the ancient sanctuary at Dodoni; Amphipolis, where a Macedonian tomb is being excavated; the royal tombs and golden treasures at Vergina, and more. Maximum of just 12 participants.

Hiking Scotland's Inner & Outer Hebrides

August 1 - 11, 2018 with Rod McCullagh



Take daily hikes, visiting fascinating sites and remote villages on the Isles of Staffa, Iona, Mull, Skye, Harris, and Lewis. Highlights include the prehistoric standing stones of Callanish, Iron Age Dun Carloway, and Iona's monastery of St. Columba. Maximum of just 15 participants.